



RISE CANYON
RANCH

www.risecanyonranch.org

OUR MISSION

Wellness arrives in one's life in various ways – our team of incredible horses and talented Licensed Mental Health Professionals and Equine Specialists create a transformative experience for each participant. We capitalize on the unique emotional connections and healing capacity of our horses to engage adults, children and families in their process of healing, self-discovery and enrichment. Should everyone have the opportunity to heal at Rise Canyon Ranch? We believe they should. Providing access for all to the benefits of equine-assisted therapies, regardless of ability to pay, is the cornerstone of our mission.

Our status as a California non-profit 501(c)(3) allows us to provide our services to those in need through the generous support of our community. Tax-exempt funds flow directly toward taking care of our horses and running our programs. The more donations we receive, the more wellness we create. We may be a non-profit, but our community decidedly profits from each and every form of support.



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WHAT IS EAP?

EAP is an experiential model of psychotherapy that is tailored to each client's needs. EAP uses a team approach that includes at least one horse, a mental health professional and an equine specialist.

WHAT TO EXPECT

Clients participate in unmounted (no riding involved), hands-on activities with our herd in an arena. Through this client-directed, solution-focused model, clients are able to project their feelings and experiences on to the horses, reflect back on the process and gain insight used to change their behavior.

WHY IT WORKS

Horses are strong, yet sensitive, and are the ultimate conduit for processing challenging emotions. Their nature allows them to respond and reflect back what we feel – encouraging a deeper look into our own capacity to create change in our lives. A unique human-horse interaction illuminates issues yet to be discovered in a traditional office setting, creating the first step toward awareness and healing.



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“I came to the ranch so mad. I hated life and everyone. I refused to talk to the therapist. I didn’t want to go to therapy. Eventually, I shared my story with the horse, Marah. I learned how to like myself, have friends and talk to my family because of my time with Marah.”

– MIDDLE SCHOOL STUDENT



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WHO WE SERVE

We serve children, teens and adults requiring physical, mental or emotional healing.

- **At-risk youth**
- **Military service members**
- **First responders**
- **Trauma survivors**
- **Individuals struggling with addiction**
- **Cancer patients and survivors**
- **Individuals with socialization and communication needs**



FEATURED PROGRAMS



MILITARY AT RISE CANYON RANCH

Active duty members, reservists and veterans can attend an 8-week EAP program, free of charge, due to grant funding.



RISING READERS AT RISE CANYON RANCH

Rising Readers is our 8-week, EAP and learning program designed to improve literacy skills through the use of horses and guided activities.



STABLE STEPS AT RISE CANYON RANCH

Stable Steps is an 8-week, EAP program designed to address behavioral, emotional and mental health concerns of at-risk youth. Program curriculum includes therapeutic activities that concentrate on respect for self and others, healthy boundaries, empathy, vulnerability, choices and consequences, emotion regulation and confidence.



WORKSHOPS AT RISE CANYON RANCH

We conduct workshops that expedite learning, facilitate team development, drive business growth and strengthen leadership skills. These group sessions provide unique opportunities through a series of tasks with horses where participants discover how they truly interact with others and discover their hidden skills.

REQUEST

Our mission is to provide the benefits of equine-assisted therapies to everyone in need, regardless of their financial status.

Rise Canyon Ranch is seeking monthly donations of approximately \$500 per month (\$6,000/yr) to help cover the cost of horse boarding – our largest general operating expense. Our horses are the most valuable part of our organization. They make our services impactful, innovative and unique.

Your donation will allow us to reduce our program fees and immediately serve more at-risk youth, military and underserved individuals within our community.

For more information on donating, please visit:
risecanyonranch.org/donate



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Help Others Rise

Rise Canyon Ranch is a California non-profit 501(c)(3) that provides equine-assisted psychotherapy (EAP), which utilizes the unique emotional connections of horses to engage children, teens and adults in healing, self-discovery and enrichment.

Donations are fully tax-deductible.

Federal tax ID #82-4700130.



Sponsor a client



Sponsor a horse



Donate a horse



In-kind giving

Orange County, CA: (714) 477-1630

Yavapai County, AZ: (928) 288-0780

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